



First aid saves lives and protects humans from health hazards.
Everyone is legally obligated to render first aid .

The rescue service needs time to reach an emergency scene.
Rendering of first aid before they arrive increases the chances of survival.

What to do in an emergency:

Keep calm!

An emergency is an exceptional circumstance. People often respond to emergencies with anxiety and alarm. Try to keep calm so that you can help carefully and effectively.

Alert the rescue service (emergency call)

Alert the rescue service first, and then start with life-saving measures!

Emergency call

The quality of an emergency call depends on its content. Please follow this scheme:

Where did it happen?

What happened?

How many people are involved?

What kind of injuries / diseases?

Wait for further questions! Don't break off the call yourself!

Help the rescue services find their way

Life-saving measures

You don't need equipment for life-saving measures! Everyone can learn life-saving measures in first aid trainings.

Recovery position



People trained to give first aid and first aid supplies

Jacobs University appoints employees as [first aiders](#). First aiders are trained and the training is upgraded regularly. For further information, please contact [Ms. Grünefeld](#) (personnel office), [Ms. Büge](#) (company medical officer) or [Dr. Goertler](#) (safety officer).

Jacobs University provides first aid supplies to support initial treatment of injured people. Please inform yourself about first aid supplies in your working area before you start in your new position.